

# MENTORING TO TRANSFORM LIVES

A training day for  
all those involved in  
working with children,  
young people and adults.

**cpas**

**Sophia**  
NETWORK



**URBAN  
SAINTS**

# WHAT WILL THE DAY INCLUDE?

## SESSION 1



### **The foundations of mentoring and a biblical basis**

What does the Bible say about mentoring?  
Why is mentoring important when working with children, young people and adults?

## SESSION 2



### **The different stages of mentoring**

How do you begin a mentoring relationship?  
How long should it continue?  
How do you know if it's working or not?  
When is it time to move on?

## SESSION 3



### **Key skills in mentoring**

Asking good questions and listening to the answers; dealing with expectations and barriers; building rapport and planning for action. Making sure your questions are relevant for the age group you are working with.

## SESSION 4



### **Being a good mentor**

Knowing your limitations; accountability; dealing with success and failure.

Every participant will receive materials to support the learning during the day. There'll also be an opportunity to buy recommended books.

**10am to 4.15pm.** Lunch and refreshments provided.

## DATES AND LOCATIONS 2010

**Cost:**

£25 to include a mentoring resource pack or  
£15 for Sophia Network members or Friends

16 <sup>th</sup> January	Luton
6 <sup>th</sup> February	Maidstone
13 <sup>th</sup> February	Nottingham
27 <sup>th</sup> February	Glasgow
6 <sup>th</sup> March	Leeds
20 <sup>th</sup> March	Chichester
24 <sup>th</sup> April	Colwyn Bay
15 <sup>th</sup> May	Bristol
22 <sup>nd</sup> May	Lymm
19 <sup>th</sup> June	Bridgend

Plus more events later in the year in Kendal, Tees Valley, Cranleigh, Plymouth, Bury St Edmunds and Belfast.

For more information and venue details or to book online, visit:

**[www.mentoringtraining.org.uk](http://www.mentoringtraining.org.uk)**

Email [info@sophianetwork.org.uk](mailto:info@sophianetwork.org.uk) with any queries.

Please see over for booking form.

# BOOKING FORM 2010

To book, fill in your details below and send with a cheque made payable to The Sophia Network to Sharon Prior, 11 Newfield Place, Sheffield, S17 3ER or book online at [www.mentoringtraining.org.uk](http://www.mentoringtraining.org.uk)

Title	<input type="text"/>	First Name	<input type="text"/>
Surname	<input type="text"/>		
Address	<input type="text"/>		
	<input type="text"/>		
Postcode	<input type="text"/>	Phone Number	<input type="text"/>
Email	<input type="text"/>		
Venue you will be attending	<input type="text"/>		

Number of Sophia member tickets at £15

Number of standard tickets @ £25

Total

Please tick if you would prefer NOT to receive information about other events and resources from our organisations

Please include the name, address, phone number and email of all other attendees on a separate sheet



Registered Charity 1007820 (England and Wales) and SCO39082 (Scotland)  
[www.cpas.org.uk](http://www.cpas.org.uk)



Registered Charity 1128538  
[www.sophianetwork.org.uk](http://www.sophianetwork.org.uk)



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